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## Assess your Workplace Humour and Health

| Workplace Environment  | Yes                      | No                       | Unsure                   |
|--|--------------------------|--------------------------|--------------------------|
| Do you have fun at work?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Is laughter commonplace?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Do people laugh at situations rather than moan about them?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Is laughter used as a means of reducing tension?   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Do people in your workplace use humour that is inclusive rather than using sarcasm, put downs, ethnic jokes, and anti jokes? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Do people use humour to poke fun at a situation rather at another person or group of persons?                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |